EDUCATION & BOOK WEEK WRAP

Thanks to all who joined in KSPS’s Education and Book Week activities. The Windy Farm stage show on Tuesday afternoon was full of fun and wonderfully inspiring for our young readers in true Tony Bones tradition. Around 70 students joined in the Touch Footy Gala on Thursday; and Friday’s Open Day and Education Week Assembly were made all the better by the fantastic costumes for Book Parade 2014.

Thanks to staff who organised the various activities and most importantly, to students who participated so fully in KSPS style. Our student leaders did a superb job and the thoughtful and varied speeches by George, Ella, Madeline, Anna-Rose, Jacinda, Luke F, Jeremiah and Ben shone a spotlight on Public Speaking. Congratulations to our You Can Do It! award recipients listed below in this newsletter. It was my pleasure to present Silver Principal Awards to Finn D (Y4) and Oliver B (Y2) in recognition of their achievements in various areas of school life. Well done!

Special thanks also to Fiona Best and canteen volunteers for the special morning tea.

60 years old, Education Week still stands proudly for the significance of education in preparing young students for success in life. The strong partnership between parents and school makes KSPS well placed to offer the very best educational foundations for our students. Thanks for your ongoing support.

While on the significance of education, you may be interested in a recent article in The Conversation. The article, which highlights research showing that state school students do better at university, can be found at: http://theconversation.com/state-school-kids-do-better-at-uni-29153

K-2 EXCURSION TO THE LITTLE MERMAID

In Term 4 all Year K - 2 students will have the opportunity to experience a live performance of ‘The Little Mermaid’ at the Civic Theatre Newcastle. The excursion will further develop students’ experiences in Performing Arts. The show, on Thursday 9 October, will cost $20 for entry and bus hire. Full details and payment form will be sent home today. The school appreciates that there have been considerable expenses of late. Please contact me through the office or directly if some extra time will help you make payments. We are also trying to give you reasonable advanced notice of costs to assist budgeting.
SMALL STEPS – ANXIETY AWARENESS PROGRAM TUES 26 AUGUST

Small Steps is a free anxiety awareness program for NSW primary school teachers and parents. The program is co-ordinated by The Mental Health Association NSW. KSPS has teamed with Adamstown Public School to offer alternative sessions at 9:30am or 6pm at Adamstown Public and KSPS respectively. Full details are on the leaflet attached to this newsletter.

Briefs:

- Stage 3 students enjoyed the Burger Brain musical at Kotara High on Wednesday morning. Such a performance is new to the high school and we were pleased to provide an audience for the students’ dress rehearsal.

- Thanks to our P&C grounds and garden team who held an additional working bee at the school on Saturday to progress the bathtub gardens. When finished the tub gardens will brighten up the area and provide wonderful gardening involvement for our infants students. Further information below.

- Kotara High School’s Art Exhibition will run from 26-28 August in the MPC during school hours and on the evening of Thursday (28th Aug) till 7:30pm.

- Welcome to Year 10 students: Bella, Jake, Jet and Nic who are attending this week. We hope you will enjoy your time at KSPS and benefit from the work experience.

MARTIN FROHLICH - PRINCIPAL

TERM 3 DEBATING UPDATE

The Premier's team have a debate on Wednesday next week, while our train-on team has 2 debates coming up next week and have been developing their arguments. We wish continued success to both teams!

MRS THOMPSON - DEBATING COORDINATOR

INTERSCHOOL ENRICHMENT DAY

Kotara South, Adamstown and Belair Public School will be hosting a Visual Literacy Enrichment Day tomorrow, Wednesday August 6. Twenty-four students have been selected from each school to attend this wonderful opportunity (eight from each stage). Stage 1 will attend at Kotara South, Stage 2 at Adamstown and Stage 3 at Belair Public School.

MRS COX - ASSISTANT PRINCIPAL

STATE KNOCKOUT NETBALL

Our school netball team played their fourth round State Knockout netball game against New Lambton Public School yesterday. New Lambton played a tough game and in the end proved too strong for us. Our girls played an outstanding game and pushed New Lambton to their best. Huge congratulations to our girls for making it this far in the competition – the best by a KSPS netball team! The girls – Ellie, Charli, Emrah, Kiralee, Izabel, Lucinda, Chelsea and our reserves Sophia, Mia and Emily have been an awesome team throughout the netball season. They have trained hard, played to the best of their ability and demonstrated sportsmanship every time they walked onto the court. I am so proud of the girls and what they have achieved. Well done girls!

I would also like to thank the wonderful Kerri Price. Kerri has given up her time for me throughout the State Knockout and PSSA netball season and umpired every match for me. The team and I have gained valuable skills from Kerri. We will miss you next year. Thank you for a wonderful season of netball with the KSPS netball team.

CATHERINE WARD - ASSISTANT PRINCIPAL

ZONE ATHLETICS

Well it was another super performance by our Track and Field teams at the Zone Carnival. Well done to all students, again you showed the Kotara South way in your sportsmanship and the 5 Keys to success. Kotara South finished 9th overall out of 25 schools that attended. It is with great pleasure to announce that Charli and Adelaide will progress through to the Hunter Region Athletics Carnival on 29th August. Both girls will be competing in the Long Jump event – Congratulations girls!!!!

ADIDAS FUN RUN FUNDRAISING

The Adidas Fun Run sponsorship forms have been distributed to students. We ask that students seek funding from family and friends to assist our school in purchasing resources and sporting equipment. Students and parents are asked to read the sponsorship booklet as it clearly explains the steps to obtaining support. The school is planning to activate the online sponsorship option by the end of the week.
CALLING FOR FUN RUN ASSISTANCE

With six weeks until the Adidas Fun Run, an active group of Year 6 students have begun preparation for Kotara South’s first ever “Colour Run”. The Year 6 students are planning and preparing blue and yellow powder for the event. If any keen parents are interested in assisting, please contact Mr John.

A permission note will be sent home in a few weeks, there will be a section there for parents to fill out if you can assist in any way, on the day. We hope to sell fruit, drinks and have a barbeque running.

PREMIER’S SPORTING CHALLENGE

We are almost 5 weeks into the challenge. Students are reminded to fill in their physical activity durations. Our Sports Leaders will be entering the students’ details for the halfway point next week. Keep on being active Kotara South!

MR JOHN - SPORTS COORDINATOR

YCDI EDUCATION WEEK CERTIFICATES

Congratulations to the following students who received awards at last week’s Education Week assembly.

KC
Clare, Oliver, Poppy

KF
Cooper, Alex, Lexie

IG
Charlotte Lawson, Patrick

1W
Kyran, Imogen, Eddie

1/2G
Cooper, Lucy, Olivia

2G
Lawson, Hudson, Layne

2/3E
Thubten, Tilly, Harry

3/4T
Kate, Melissa, Will

4/5E
Mackenzie, Finn, Violet

5/6J
Pia, Izabel, Charlie

5/6W
Zach, Holly, Will

HSU
Benjamin

NEWS FROM THE P&C

Chocolates
Cadbury fundraising chocolates have been sent home. Once you have sold your chocolates please return the money to the office. If you require another box please see the office.

P&C Meeting
The next P&C meeting will be held on Wednesday 13th August at 7.00pm in the school library.

Friday Funday Update
As part of the Friday Funday, the P&C will be running a Second Hand Toys / Books / White Elephant stall. We will be looking for donations of good quality items that we can sell at the stall. What a great opportunity to go through your cupboards and clean out items that you no longer need or the kids have grown out of. We would appreciate any donations, including:

- Toys, puzzles and games
- Books (children and adult)
- Clothes
- China / glassware / crockery
- Costume jewellery
- Linen
- DVD’s / CD’s
- Bric-a-brac or knick knacks
- Unloved Christmas or birthday gifts!

Please start putting your donations aside, but we ask that you do not bring them in until Week 9 of Term 3, to make the collection and storage process easier.

We are looking for stall holders at the Friday Funday. If you are interested or know someone who would be interested please contact Leanne Smith at timeandleanne98@bigpond.com for an application.

Friday Funday Meeting
The next meeting will be held on Wednesday 13th August at 6.15pm, before the P&C meeting. If you or anyone you know is interested in becoming a Corporate Sponsor or donating prizes to the school to be raffled on Friday Funday then please contact Leanne at timeandleanne98@bigpond.com.

Uniform Shop
The uniform shop will be opened on Wednesday 6th & Thursday 7th August 2014 from 8.30am to 9.00am.

CANTEEN NEWS

Hello from the canteen for another great week. A BIG thankyou to everyone for your help last Friday. It was an awesome day and I hope those of you who purchased our yummy homemade slices and cakes enjoyed them. I am still in much need of HELP on Fridays. Even if you can spare an hour, that would be great. The new Fun Dan Gles are in choc mallow/ fairy floss and caramel popcorn $1.50. The Billabongs are gone now, these are the new line to replace Billabongs and are canteen approved.

This week’s specials -
Eat Fresh Deal $2.00
- I ham or chicken salad sandwich, roll or wrap with mayo
- Burger Blitz $3.50
- 1 KSPS chicken burger with lettuce and mayo
- 1 new Fun Dan Gles
- Little Italy $3.50
- 1 pizza single
- 1 garlic bread
- 1 hash brown triangle

FIONA BEST-CANTEEN SUPERVISOR
GARDEN & GROUNDS COMMITTEE

We have recently been busy getting the bath tub wicking gardens set up for the infants classes and also arranging the log seating in the vegetable garden area. The tubs will hopefully be ready to go in the next week or so. Special thanks to Troy Taylor for his volunteer work in constructing the wooden frames that keep the tubs off the ground and to Helena and Andrew Taylor for their donation of the bath tubs. Special thanks also to Matt Playdon whose volunteer chainsaw work has seen the log seating come together in the vegetable garden area and to Susie Long and Sue Bryant for their work with the worm farms and compost.

We are seeking donations from the school community for the following items:
- trowels (hand spades)
- children’s gardening gloves
- picket fencing or loose pickets - we hope to dress up the bath tubs with pickets that will then be painted bright colours

If you have any of these smaller items that you would like to donate please deliver to Mrs Bryant’s classroom HSUB. If you have any new or used pickets or know of where we could acquire some cheaply please email/phone me directly.

Thank you

Penny Duncan (on behalf of the Garden and Grounds committee)
penelope2k@live.com.au (m) 0403 656 072

CUA COMMUNITY CARE

We need your votes to help us win $5,000 to improve our school!

There are only a few weeks left to vote for our school project to win $5,000 from this year’s CUA Community Care program.

Thank you to everyone who has voted so far – your support has been incredible. There are still a few weeks left to vote, so if you haven’t already voted, please vote now! You can register your vote at www.cuacommunitycare.com.au or go to the local CUA branch in Newcastle, 31 Darby Street. Don’t forget – you can make a vote once online and once in the branch.

We’re up against 6 other schools in the area and it’s down to who gets the most community votes. So, please feel free to get friends and family involved and voting as well!

To learn more about CUA Community Care and our school project proposal, please visit www.cuacommunitycare.com.au and select our school from the drop-down menu.

Thanks again for your support!

HSF | Heidis Social Fitness

ABN: 65 412 259 018
From $10 for 1 hour class
$100 for 10 visit card-Casual visit $12

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<th>Time</th>
<th>Monday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>9.30am</td>
<td>BOXING: Nesbitt Park Kotara South</td>
<td>CIRCUIT: Nesbitt Park Kotara South</td>
<td>YOGA: (Qualified Yoga Instructor) Nesbitt Park &amp; Kotara South</td>
<td>COMBO: Nesbitt Park Kotara South</td>
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<td>3.45pm</td>
<td>KIDS FITNESS St Therese’s Primary School, New Lambton (From $7 a class)</td>
<td>KIDS FITNESS St Therese’s Primary School, New Lambton (TERM 4) (From $7 a class)</td>
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<td>5.30pm</td>
<td>BOXING: Kotara South Public School</td>
<td>CIRCUIT: Kotara South Public School</td>
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<tr>
<td>6.30pm</td>
<td>BOXING: Kotara South Public School</td>
<td>CIRCUIT: Kotara South Public School</td>
<td>(From 17th July) HIGH ENERGY St Therese’s Primary School, New Lambton</td>
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BOXING: All over body workout, punching and kicking, great way to increase your fitness and to tone up.

KIDS FITNESS: From $7 a class with our business Fundamental Fitness 4 Kids more info please contact: Heidi 0417 456 083 or Kylie 0402 614 368, BOOKINGS ESSENTIAL.

CIRCUIT: With free weights and weight bars great session for firming muscles.

YOGA: With a Qualified YOGA instructor with FREE CHILD MINDING. Please text 0417 456 083 to book your spot

HIGH ENERGY: High impact class for those who want to increase fitness and like to sweat.

COMBO: Combination of everything, different each week ranging from boxing circuits with weights to bodyweight exercises with cardio, HSF Surprise class!!!

Check out photos on: https://www.facebook.com/#!/chabb20
FRIDAY FUNDAY
Kotara South Public School

Friday 17th October 2014
2pm to 6pm

Calling All Stall Holders

Applications Close
1st September 2014

Join the Party!

KSPS P&C Association’s major fundraising event this year is a Fete on 17 October 2014. The money raised from our Funday will go towards the infants’ area of the school. The area is limited with shade and plants. We will install planter boxes for flowers as well as vegetable gardens, shade trees and seating. We would like to invite you and your family to attend our fete and are enquiring if your organisation would like to hold a stall at the fete.

KOTARA SOUTH PUBLIC SCHOOL
150 RAE CRESCENT
KOTARA SOUTH 2289
PHONE: (02) 4957 5319
EMAIL: timesandleanne98@bigpond.com
Small Steps

Small Steps is a free anxiety awareness program for NSW primary school teachers and parents.

Did you know?
- An anxiety disorder affects one in ten children
- Anxiety impacts a child’s social, family and school life
- Early intervention may assist in preventing the onset of more serious problems including depression and substance abuse in adolescence
- Children with anxiety are generally not disruptive in class or at home
- Anxiety disorders can be resolved with timely information, care, treatment and support

Presentations last between one-two hours and cover:
- The difference between normal anxiety and anxiety disorders
- Types of anxiety disorders
- Signs and symptoms of anxiety disorders
- Our free Small Steps presentations involve:
  - A visual presentation by a speaker from Mental Health Association NSW
  - Reference materials and information
  - A recommended reading list
  - A Question and Answer session

We’re holding a Small Steps presentation for Parents!

WHEN and WHERE
Tuesday 26th August 2014
9.30am at Adamstown Public School or 6:00pm at Kotara South Public School
Please RSVP: 18th August
Adamstown PS on 4957 1114
Kotara South PS on 4957 5317
You are welcome to attend either venue!

Co-ordinated by The Mental Health Association NSW with the support of NSW Health and Centacare